Southern Cross

Eurythmy Therapy Training

**SCETT is delighted to host a lecture and public presentation by Norman Kingeter and Rob Schapink.**

# MOVEMENT AS MEDICINE



Norman Kingeter

Both are Eurythmy therapists from Arlesheim Clinic. They have studied the archives of Rudolf Steiner and Ita Wegman, researching case studies and indications of Eurythmy Therapy given by Rudolf Steiner from 1921 to 1924. Their book, "Rudolf Steiner's Indications for Eurythmy Therapy – Medical Case Histories from Arlesheim and Stuttgart" is being translated from German into English.



Rob Schapink

## LECTURE

**Open to all interested in how sound and movement can become a healing tool:**

**DATE & TIME:** 15th April 2026 at 7pm

**VENUE:** Sophia House,18 Firfield Road, Plumstead

**FEE:** Donation at the door

## WORKSHOP

**To all Eurythmists, Eurythmy students, Physicians and Eurythmy Therapists:**

Norman and Rob will give a Workshop from their experience of the sequences given in the case studies. The aim of the course is to find the etheric principles in these sound sequences and to enable Eurythmy Therapists to compose individual sound sequences for the patient.

**DATES & TIMES:** Friday 17th April: 6pm to 8.30
Saturday 18th: 9am to 5 pm (bring and share lunch)
Sunday 19th: 9am to 12.30

**VENUE:** Studio Quella, Noordhoek (directions on booking)

**FEE:** R400

For any queries and to register for this workshop, please contact:
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